Our Lady of Mount Carmel

Prayer Book Reception

Sign of the cross

Making the sign of the cross



In the name of the Father and of the Son and of the Holy Spirit Amen.

Morning Prayer

O my God,
You love me
You're with me night and day.
I want to love you always,
In all I do and say.
I'll try to please you, Father,
Bless me through this day.

Amen

Grace

Bless us O God
as we sit together.

Bless the food
we eat today.

Bless the hands
that make the food.

Bless us O God.

Amen.

End of the day prayer

God our Father,
I come to say,
Thank you for your love today.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night
And in the morning
Send your light.

Amen