Our Lady of Mount Carmel

Prayer Book Year 3

Sign of the cross

Making the sign of the cross



In the name of the Father and of the Son and of the Holy Spirit Amen.

Morning Prayer

O my God,
You love me
You're with me night and day.
I want to love you always,
In all I do and say.
I'll try to please you, Father,
Bless me through this day.

Amen

Grace

Bless us O God
as we sit together.

Bless the food
we eat today.

Bless the hands
that make the food.

Bless us O God.

Amen.

End of the day prayer

God our Father,
I come to say,
Thank you for your love today.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night
And in the morning
Send your light.

Amen

Hail Mary

Hail, Mary,
full of grace,
the Lord is with thee.
Blessed art thou amongst
women
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Lord have Mercy

Lord have Mercy
Lord have Mercy

Christ have Mercy
Christ have Mercy

Lord have Mercy
Lord have Mercy

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit
as it was
in the beginning
is now
and ever shall be
world without end.

Amen.

Eternal Rest

Eternal rest grant unto them O Lord,
And let perpetual light shine upon them.
May they rest in peace.
Amen

Our Father

Our Father,
Who art in heaven
Hallowed be Thy Name
Thy Kingdom come
Thy will be done, on earth as it is in Heaven
Give us this day our daily bread
And forgive us our trespasses, as we forgive those who trespass against us
And lead us not into temptation
But deliver us from evil.
Amen

Mass actions

Sign of Peace



Peace be with you

Genuflecting



Right knee to the ground and make the sign of the cross, facing the altar.



Sign of the Cross before the Gospel

Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned
against you,
but by the help of your grace,
I will not sin again.

Amen

Angel of God

Angel of God,
My guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide
Amen.

Prayer of St. Richard of Chichester

Thanks be to you
my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer,
friend and brother,
May I know you more clearly
Love you more dearly
And follow you more nearly
Day by day.
Amen